

ADVANCED MINDFUL TENNIS & STRENGTH

for ages 13-18

at the
EBENSBURG

TENNIS CENTER

taught by Coach
Lauren, M.Ed. &
Coach Kourtney

MEMBER:
\$34/WEEK, \$18/DAY
NON-MEMBER:
\$38/WEEK, \$20/DAY

**ATTEND ALL 8 WEEKS -
ONLY \$260**

CLINICS CONSIST OF :

Practicing & improving
foundational & advanced
tennis skills

Learning mindfulness
skills for tennis and
everyday life

Strength & agility to
improve tennis game

Competitive match play
with mindfulness
coaching

**EVERY MONDAY & WEDNESDAY
FROM 4-5:30PM**

**STARTS JUNE 29TH
AND RUNS THROUGH
AUGUST 19TH**