

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>YPCC 814-472-4277</p>	<p>\$5/Class or \$30/month for unlimited classes</p>	<p>1 Tai Chi 9am Start Moving 10am Chair Yoga 11am PickleBall 12pm Aerobics 3:30</p>	<p>2 Toddler Time 9:30am Roller Skating 10:30am Yoga 11:30am Pickleball 12pm</p>	<p>3 Start Moving 10am Chair Yoga 11am Pickleball 12pm Aerobics 3:30pm</p>	<p>4 Toddler Time 9:30am Yoga 11:30am</p>	<p>5</p>
<p>6 INSTRUCTORS Sheila Johnson Aerobics Joe Letcher -Tai Chi</p>	<p>7 Start Moving 9am Chair Yoga 10am Yoga 11:30am Pickleball 12pm Aerobics 3:30pm Self-Defense 6pm</p>	<p>8 Tai Chi 9am Start Moving 10am Chair Yoga 11am PickleBall 12pm Aerobics 3:30</p>	<p>9 Toddler Time 9:30am Roller Skating 10:30am Yoga 11:30am Pickleball 12pm</p>	<p>10 Start Moving 10am Chair Yoga 11am Pickleball 12pm Aerobics 3:30pm</p>	<p>11 Toddler Time 9:30am Yoga 11:30am BINGO 7pm</p>	<p>12</p>
<p>13 Lisa Bream Chair Yoga, Yoga & Start Moving, Keep Moving</p>	<p>14 Start Moving 9am Chair Yoga 10am Yoga 11:30am Pickleball 12pm Aerobics 3:30pm Self-Defense 6pm</p>	<p>15 Tai Chi 9am Start Moving 10am Chair Yoga 11am PickleBall 12pm Aerobics 3:30</p>	<p>16 Toddler Time 9:30am Roller Skating 10:30am Yoga 11:30am Pickleball 12pm</p>	<p>17 Start Moving 10am Chair Yoga 11am Pickleball 12pm Aerobics 3:30pm</p>	<p>18 Toddler Time 9:30am Yoga 11:30am</p>	<p>19 \$5/Class or \$30/month for unlimited classes</p>
<p>20 Rich Mohney Self-Defense</p>	<p>21 Start Moving 9am Chair Yoga 10am Yoga 11:30am Pickleball 12pm Aerobics 3:30pm Self-Defense 6pm</p>	<p>22 Tai Chi 9am Start Moving 10am Chair Yoga 11am PickleBall 12pm Aerobics 3:30</p>	<p>23 Toddler Time 9:30am Roller Skating 10:30am Yoga 11:30am Pickleball 12pm</p>	<p>24 CLOSED Thanksgiving Day</p>	<p>25 Red Cross Blood Drive 10am Yoga 11:30am</p>	<p>26</p>
<p>27 \$5/Class or \$30/month for unlimited classes</p>	<p>28 Start Moving 9am Chair Yoga 10am Yoga 11:30am Pickleball 12pm Aerobics 3:30pm Self-Defense 6pm</p>	<p>29 Tai Chi 9am Start Moving 10am Chair Yoga 11am PickleBall 12pm Aerobics 3:30</p>	<p>30 Toddler Time 9:30am Roller Skating 10:30am Yoga 11:30am Pickleball 12pm</p>	<p>Silver Sneakers and Active & Fit Memberships Accepted</p>		<p>Please call for Open Gym times throughout the week and on weekends!</p>